

# **PROJECT ADAM**



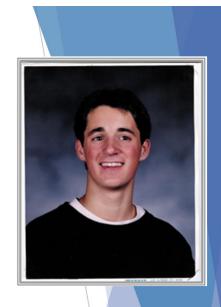


The Joint Pediatric and Congenital Heart Program, a collaboration of Kentucky Children's Hospital and Cincinnati Children's, is jointly ranked by *U.S. News & World Report*.



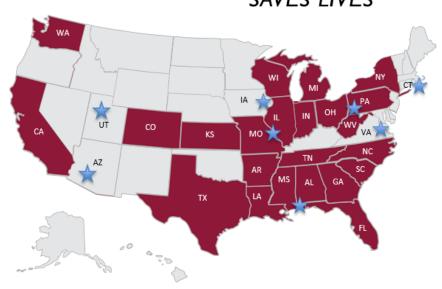
# **History**

- In 1999 Adam Lemel, a 17-year old athlete, collapsed and died while playing basketball
- An AED was not available
- Adam's parents created Project ADAM
   (Automated Defibrillators in Adam's Memory) in collaboration with Children's Wisconsin's Herma Heart Institute





### Prøject ADAM® SAVES LIVES



**ESTABLISHED PROGRAMS** 





**USA In Progress Sites** Canada In Progress Site; Alberta, Canada

July 2021

### **ESTABLISHED AFFILIATE SITES**

Children's Wisconsin (& National Office)

Golisano Children's Hospital, Southwest Florida

U.C. Davis Children's Hospital

KU Wichita Pediatrics

Children's Healthcare of Atlanta

Nicklaus Children's Hospital

Children's Hospital of

Duke Children's Hospital

Philadelphia

Ann & Robert H. Lurie Children's Hospital of Chicago

Cook Children's Medical Center

MUSC Children's Hospital

Texas Children's Hospital

Cleveland Clinic Children's

Children's of Alabama

Ochsner Hospital for Children

East Tennessee Children's Hospital Children's Mercy Hospital

Kansas City

Monroe Carell Jr. Children's Hospital at Vanderbilt

West Virginia Chapter of the American Academy of **Pediatrics** 

Providence Sacred Heart Children's Hospital

Rady Children's Hospital -

C.S. Mott Children's Hospital

San Diego

Children's Hospital Colorado

Riley Hospital for Children at IU

Health

Nationwide Children's Hospital

Maria Fareri Children's Hospital

Arkansas Children's Hospital

University of Mississippi Medical Center/Children's Hospital

Cincinnati Children's

Le Bonheur Children's Hospital



# Project ADAM®

SAVES LIVES



40 ESTABLISHED PROGRAMS





Updated July 25, 2023

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Children's Healthcare of Atlanta

Children's Hospital of Philadelphia

Children's of Alabama

Providence Sacred Heart Children's Hospital

Cook Children's Medical Center

East Tennessee Children's Hospital

U-M Health C.S. Mott Children's Hospital

Children's Hospital Colorado

UC Davis Children's Hospital

Nationwide Children's Hospital

Texas Children's Hospital

Monroe Carell Jr. Children's Hospital at Vanderbilt

Arkansas Children's

Cincinnati Children's

Golisano Children's Hospital, Southwest Florida

KU Wichita Pediatrics

Nicklaus Children's Hospital

Duke Children's Hospital

Ann & Robert H. Lurie Children's Hospital of Chicago

MUSC Shawn Jenkins Children's Hospital

Cleveland Clinic Children's

Ochsner Hospital for Children

Children's Mercy Kansas City

West Virginia Chapter of the American Academy of Pediatrics

Rady Children's Hospital

Riley Hospital for Children at IU Health

Maria Fareri Children's Hospital

University of Mississippi Medical Center/Children's Hospital

Le Bonheur Children's Hospital

University of Iowa Stead Family Children's Hospital

Yale New Haven Children's Hospital

Children's Minnesota / Children's Heart

St. Louis Children's Hospital

USA Women and Children's Hospital

Children's Hospital & Medical Center

Hasbro Children's Hospital

Children's Hospital of Richmond at VCU

Phoenix Children's Hospital

Kentucky Children's Hospital



How does SCA effect schools?

- Annual Out-of-Hospital Cardiac Arrest: More than 350,000
- Survivor rate (overall): 12%
- Bystander CPR (overall): 46.1%
- Every minute defibrillation is delayed, chance of survival decreases 10%

On any given day, approximately 20 percent of the community is in its schools





### What is a Heart Safe School?

- ✓ AEDs are available and accessible.
- There is a written emergency response plan and a team of CPR/AED trained staff ready to act in an emergency.
- The school conducts regular cardiac emergency response practice drills.



## **Heart Safe Checklist**

AUTOMATED EXTERNAL DEFIBRILLATORS (AEDs)	YES	NO	NEED HELP	COMMENTS
AED equipment location(s) on a school campus makes it possible to retrieve an AED, apply pads and deliver a shock (if needed) to an unresponsive victim in under three minutes.				
AED(s) have clear signage.				
The AED(s) is checked for performance readiness at least monthly, or per manufacturer's directions and documented each time.				
We keep a first responder kit near or attached to the AED which includes: CPR barrier device, scissors, gloves, razor, and towel.				
CARDIAC EMERGENCY RESPONSE TEAM	YES	NO	NEED HELP	COMMENTS
A CPR-AED Site Coordinator is identified, who oversees the CPR-AED program activities and training.				
There is a designated Cardiac Emergency Response Team comprised of at least 10% of staff or five to 10 people.				



CARDIAC EMERGENCY RESPONSE PLAN	YES	NO	NEED HELP	COMMENTS
We have a written Cardiac Emergency Response Plan that is reviewed annually.				
We have a cardiac emergency communication code to notify responders and others in the area that an incident is occurring. Staff outside always carry a communication device.				
Local emergency medical services have been notified of our CPR-AED program.				
Our school's written Cardiac Emergency Response Plan, including location of school AED(s), has been shared with any outside groups and organizations who utilize our facilities.				
TRAINING/EDUCATION	YES	NO	NEED HELP	COMMENTS
CPR-AED training for the Cardiac Emergency Response Team is updated at least every two years and there is a system in place to track retraining. Project ADAM recommends CPR-AED certifications are updated every two years or Hands-Only CPR-AED trainings are updated annually.				
All faculty and staff know where the AED(s) are located and how to access them.				
All faculty and staff have annual education on sudden cardiac arrest (SCA) awareness, signs and how to recognize SCA (sudden collapse and unresponsive; victim may have initial seizure-like or continued respiratory movements). Communication procedures and the school's Cardiac Emergency Response Plan are also shared during this education.				
CARDIAC EMERGENCY RESPONSE DRILLS	YES	NO	NEED HELP	COMMENTS
We conduct at least one annual cardiac emergency response drill (AED drill) to test our emergency plan and communication. A drill summary checklist is utilized for planning purposes and post-drill review.				



## How does Project ADAM help?

- ► Cardiac Emergency Response Plan development
- ► CPR training resources for team members
- ► AED education and purchase resources
- ▶ Education about Sudden Cardiac Arrest
- ► Heart Safe School Designation
- www.projectadam.com



## House Bill 331

- ► Maintain a portable AED in a public, readily accessible, wellmarked location of every middle and high school building and at every school sanctioned event, practice or athletic competition
- ► Adopt procedures for the usage of AEDs during an emergency
- Adopt policies on training, maintenance, notification, and communication with local emergency medical services
- ► Ensure that a minimum of three (3) school employees and all interscholastic athletic coaches be trained on how to use an AED



### For more information:

- ProjectADAMKCH@uky.edu
- www.projectadam.com



# BECOME A HEART SAFE SCHOOL

Project ADAM (Automated Defibrillators in Adam's Memory) is a not-for-profit program that will be part of Kentucky Children's Hospital. The goal of our program is to build relationships and support schools and communities in being prepared for a sudden cardiac arrest. Being recognized as a Project ADAM Heart Safe School demonstrates to your families and the community that your campus has taken steps to implement a program to respond to SCA (Sudden Cardiac Arrest).

#### low we'll help

A Kentucky Children's Hospital team will assist in leading on-site education and training to ensure your school has a response plan in place for a cardiac emergency.

Your institution can become a "Heart Safe School" through Project ADAM. Achieving this designation means your school has taken all necessary steps to safeguard the health of students, including:

- Ensuring automated external defibrillators (AEDs) are available, accessible and clearly marked.
- Creating a written response plan to follow during a cardiac emergency
- Identifying and training your staff in the use of CPR and AEDs during cardiac emergencies
- · Conducting emergency response practice drills

### How to reach us

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UK HealthCare Brand Strategy - MKTG24-148