



Kentucky  
Chapter  
American  
College of  
Cardiology

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**Juan Villafane, MD, FACC**  
KY-ACC President

### Hola Amigos:

On September 22, we had our Kentucky Chapter ACC annual meeting in conjunction with the KMA convention. We had roughly 50 physicians participate that morning. Several of the attendees commented that they truly enjoyed the program and that the faculty was outstanding. We had Dr. Frank Cetta from the Mayo Clinic and Dr. William Miles from the University of Florida. Our local faculty included Dr. John Gurley and Dr. Marcus Stoddard who had quite a thrilling debate on PFO closure. Dr. Anil Attili gave us an extensive review of cardiac MRI. Our national ACC guest was Dr. Dick Kovacs who is the chair of our Board of Governors. Dr. David Moliterno received a recognition award as our immediate past Governor. This year we had many fellows-in-training and a resident-in-training. Two of them received recognition awards for their poster presentations and the quality of their research. We are already planning for our next annual meeting, which will be on October 22, 2011 from 10:00 am to 5:30 pm in Lexington. Please mark your calendars. We will have a very special guest speaker who remains anonymous, but I assure you that you do not want to miss this event.

Our chapter has been busy. We just came back from the annual ACC Legislative Conference. This year we had quite a big group including Drs. Bert Mercer, Vaughn Payne, Patricia Grodicki, Sanjay Patil and fellow-in-training Matthew Wiisanen. In addition we had our new council Practice Administrator, Christine McIntyre-RN, and our Executive Director, Jennifer Rzepka. We met with

### Correction

On page 3 of our Spring 2010 issue, John M. Johnstone, M.D., F.A.C.C. was omitted as the author for the article, *Smoking and Cardiovascular Health in Kentucky*. We apologize for this error.

## Kentucky ACC Chapter Member Profile

### Executive Summary

There are 449 active ACC members in Kentucky. They are broken down and compared to national as follows:

### Membership Profiles

Member Type	ACC National	Kentucky Chapter
AA	11.0%	10.7%
AACC	0.1%	0.2%
AF	1.7%	0.7%
CCA	10.7%	16.7%
CCMA	1.2%	0.9%
FF	65.5%	62.4%
FIT	8.6%	8.5%
IA	1.0%	0.0%
MA	0.2%	0.0%

eight legislators including Senate Leaders and District Congressmen. Dr. Vaughn Payne and I received PAC recognition awards during the dinner reception.

Our chapter was instrumental in the formation of a coalition of several professional organizations to deal with childhood obesity and a smoke-free state. We have met several times with AHA, AAP, AFP, KMA, GLMS, Kentucky Youth Advocates, Tobacco-Free Kids, Department of Health and YMCA representatives. We are under preparation for our first legislative date, which will be on February 9, 2011 in Frankfort. Several cardiologists have volunteered to participate in the "Cardiologists-for-a-Day" program including Dr. Alison Bailey, Dr. Ken Gibbs, Dr. Jesse Adams and Dr. James Gwinn. During this year I have met or contacted multiple legislators and executive branch members to deal with CMS cuts, SGR, and TORT reform.

As you can see our chapter members are getting more involved. We mean business. We need to remain united to deal with challenging issues including new precertification requirements, quality reports, practice overhead expenses, TORT and healthcare reform. If you are interested in helping our chapter you may contact me at: [juanvillaf@yahoo.com](mailto:juanvillaf@yahoo.com).

Saludos,

Juan Villafane, MD, FACC  
President, Kentucky Chapter ACC



## 2010 Annual Meeting Review

The Kentucky Chapter's Annual Meeting was held September 22 in conjunction with the Kentucky Medical Association (KMA) in Louisville. There were roughly 50 members in attendance in addition to others who were involved with the KMA.

The meeting received great reviews, with 96% of attendees rating the overall program very good or excellent. 100% of survey respondents said the program was useful.

### Some comments included:

“Good intellectual activity!”

“Very worthwhile”

“Not in practice any longer – but quite worthwhile to keep up with these advances.”

John C. Gurley, M.D., F.A.C.C. and Marcus F. Stoddard, M.D., F.A.C.C., F.A.H.A. received the highest rankings for their Debate on Patent Foramen Ovale (PFO) Closure in Cryptogenic Stroke. 100% ranked the program excellent or good for effectiveness and providing information that could be used in your practice.

William M. Miles, M.D., F.A.C.C.'s presentation, New Antiarrhythmic Therapeutic Modalities was ranked 2nd highest, also with 100% ranking the program excellent or good for effectiveness and providing information that you could use in your practice.

**SAVE THE DATE**

**7th Annual KY-ACC Annual Meeting**  
 Saturday, October 22, 2011  
 10:00 am – 5:30 pm

**Preliminary Program**  
*Surgical vs. Transcatheter Approach in the Treatment of Semilunar and AV Valves Regurgitation*

**VENUE TBD**  
 Lexington, Kentucky

Thanks to our other speakers, Anil Attili, M.D., Frank Cetta, M.D., F.A.C.C., and Richard Kovacs, M.D., F.A.C.C., Chair of the ACC Board of Governors.

In addition to our presentations, we had posters presented from Lakshmana Pendyala, M.D., a Fellow in Training and Arka Chatterjee, M.D., a Resident in Training both from the University of Louisville. We plan to continue having poster presentations at our future annual meetings.

Please mark your calendars and plan on attending our next Annual Meeting, October 22, 2011 in Lexington. It is one you will not want to miss.



## Cardiosource.org

The long-awaited new ACC website ([www.CardioSource.org](http://www.CardioSource.org)) went live on June 15. This new website takes the place of [www.acc.org](http://www.acc.org) and [www.cardiosource.com](http://www.cardiosource.com), and provides an improved and seamless web presence for the ACC. Please take the time to look around the new site and become active participants in the new CardioSource communities.





# Obesity Collaboration Scope & Progress

by Patrick J. Withrow, M.D., F.A.C.C.

## Evolving Models of CV Practice

2010  
Fall Issue

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Obesity, especially childhood obesity, is a “huge” problem these days, putting Kentucky where we don’t want to be. Kentucky ranks seventh for adults and third for children in the national obesity epidemic. Two out of three adults and one of three children in Kentucky are considered overweight or obese.

Carrying excess weight presents many health problems, including diabetes mellitus, hypertension, vascular disease, degenerative joint disease and cancer.

Perhaps not so obvious, but important nonetheless, are the social, emotional and mental problems associated with obesity. Teachers, psychologists and social workers report higher rates of bullying, low self-esteem, depression, under-achievement and poor academic performance in overweight and obese children. Obese children are at increased risk of becoming obese parents who will raise another generation of obese children.

Our society, as we know it, is in jeopardy because of our unhealthy lifestyles.

### What can we do?

What can we do, as healthcare providers and leaders? First, we can lead by example, adopting healthy lifestyles for ourselves and our families. Then, we can get involved by supporting Kentucky policies, school-based efforts and community programs that fight obesity.

The Partnership for a Fit Kentucky encourages health advocates, policy makers and engaged citizens to:

1. Increase physical activity and physical education in schools.
2. Establish a Body Mass Index (BMI) surveillance system for youth.
3. Support breastfeeding in the workplace.
4. Require standards for nutrition and physical activity in licensed child care centers.
5. Establish complete streets policies to make walking and biking safe.
6. Require menu labeling at fast food and chain restaurants.
7. Require healthy food in state agencies.
8. Provide incentives for worksite wellness.

You can also help by supporting our Kentucky Chapter of the American College of Cardiology, which is working on this problem in a variety of ways through other statewide organizations and local efforts.

Over time, as lifestyles changed, we as a society adopted bad habits. Now, we must make the individual and collective efforts needed to reverse the damage and set our course for a healthier future.



## Register Now for Evolving Models of CV Practice!

November 5-6, 2010

Ritz-Carlton Golf Resort  
Naples, FL

There is a “one stop shop” for you to get all the information you need to protect the interests of your practice! Symposium participants will have the opportunity to hear from experts on these topics and learn from colleagues’ experiences through case study presentations. The collective knowledge and experience of the presenters will help you make the right decisions for your practice. In addition to case studies, participants will also gain insight into the economic trends affecting practices; learn more about the practical details of an integration deal; find out what happens once a deal is complete; and learn how to protect themselves in the event the deal goes wrong.

Meeting Agenda available on  
[www.cardiosource.org/evolvingmodels](http://www.cardiosource.org/evolvingmodels)

Call the ACC’s resource center at (202) 375-6000 x 5603 or 1-800-253-4636 ext. 5603 to secure your spot and take advantage of the best rates!

### Legislative/Advocacy Issues

In a poll conducted earlier in the year, KY-ACC members were asked: “**What legislative/advocacy issues are most important to you?**”

**Medicare Reform/ Medicare Physician Payment:** 71.4%

**Health System Reform:** 69.0%

**Cardiovascular Workforce:** 40.5%

**Health Information Technology:** 31.0%

**Cardiovascular Research & Prevention:** 26.2%





## Crunch Time!

Colleagues,

We are approaching the final weeks before election day and slowly but surely the ACC PAC is approaching our \$1 million goal for this two-year cycle. However, in the past three months alone the ACC PAC has fulfilled over 60 requests for members to deliver PAC checks at in-district meetings. This coupled with our regularly scheduled disbursements has us in a predicament – we're running out of money!



I need your help at this time to further the advocacy efforts of the American College of Cardiology. Our assistance to campaigns at this critical time for the candidates is valuable in cementing relationships that will allow our views on the SGR and cardiology's initiatives to be heard in both the lame duck session in 2010 and during the opening deliberations of the new Congress in 2011. The voice of the American voters in this election will give us many opportunities to be at the table on many issues vital to our practices, our academic centers, and more importantly to our patients. If you have already contributed this year, please consider making another donation of any amount at this time. If you have not yet donated, I personally urge you to join your colleagues who have understood the value of our advocacy efforts. Please consider reaching out to your practice and chapter colleagues via email or phone and asking for any spare change they have to help the PAC support those in need of help before the election. You can utilize the attached printable/faxable/emailable contribution form for yourself or forward it to your colleagues. You or they can sign in online at [www.accpacweb.org](http://www.accpacweb.org) to contribute as well.



*Dr. Juan Villafañe and Dr. Vaughn Payne received PAC recognition awards during the dinner reception at the ACC Legislative Conference in Washington, D.C.*

Those of us involved in cardiovascular care over the past year understand more than most about the inability to operate a business in the red. Please be a part of the 2010 political process and help YOUR ACC by contributing or assisting us in getting others to contribute to the ACC PAC at this critical time for cardiology and our patients. Your help and leadership in this final stretch is greatly appreciated.

If you have any questions or comments, please feel free to contact me. Please feel free to copy, paste or forward this letter during the final days of this crucial election.

**M. Eugene Sherman, MD FACC**

*Vice-Chair  
ACC PAC*

### It's Easy to Contribute

1. Visit [www.accpacweb.org](http://www.accpacweb.org)
2. Click on "Join the PAC"
3. Follow the three simple steps on the screen:
  - a. Verify your contact information
  - b. Make your contribution
  - c. Finalize with electronic signature
4. Then...you're done!

**Please join us in making Kentucky a more powerful presence in the federal legislature through the ACCPAC!**



## News You Can Use:

The Office of the National Coordinator for Health Information Technology (ONC) has published the first Certified Health IT Product List (CHPL), a comprehensive listing of complete EHRs and EHR modules that have been tested and certified under the Temporary Certification Program. The ONC will regularly update this list as more EHRs get approved. The ACC's health IT website (<http://www.cardiosource.org/healthIT>) has a direct link to the HHS site, as well as more information on how to qualify for the federal EHR incentive program. To view the CHPL visit: <http://healthit.hhs.gov/CHPL>

Important 2009 e-Prescribing update: CMS is in the process of distributing 2009 e-Prescribing incentive payments. Feedback reports will be available next month once the incentive payments have been distributed. Several new and updated educational resource documents about accessing 2009 Electronic Prescribing Incentive Program feedback reports are now available on the CMS website at: <http://www.cms.gov/ERXincentive/>.

## Meet Our New Appointments

The following were recently appointed liaisons to the KY-ACC Council:

### Bruce Kuo, MD

Cardiology Fellow  
The Gill Heart Institute -  
University of Kentucky  
FIT Liaison



Bruce graduated from UC Berkeley as an undergrad, went to residency at the Cleveland Clinic Florida, and is currently a second year Cardiology fellow at the University of Kentucky. He is excited about being the FIT liaison to the ACC and hopes to increase FIT participation and involvement at all levels.

### Christine McIntyre, MHA, BSN

Central Baptist Heart &  
Vascular Institute  
PA Liaison



Christine is a registered nurse with extensive experience in the development and management of cardiovascular programs. She received a Master of Health Administration from the University of Kentucky. She is currently responsible for the administrative operations of the Central Baptist Heart and Vascular Institute. In collaboration with the Institute's medical directors and senior administrative staff, she provides oversight to many programs including the Lexington Cardiac Research Foundation, and the Central Baptist Chest Pain Center. She is a board member of the Central Kentucky American Heart Association, and a member of the Kentucky Task Force for Heart and Stroke Disease, the Society of Chest Pain Centers and the American College of Healthcare Executives.

### Patricia L. Horvat, RN

RN/ Physician Extender  
CCA Liaison



Patricia Horvat was born and raised in New Jersey. She moved to Kentucky in 1976 and pursued a career in Nursing, obtaining her degree from Eastern Kentucky University. She has devoted the last 23 years of her career to cardiac care and the last 19 years as an R.N. physician extender for John M. Johnstone, M.D., F.A.C.C. During her career, she has served on the Board of Directors for the American Heart Association of Kentucky. She has been very active in continuing education and has led educational seminars both locally and internationally. She has three grown children and five grandchildren.

## Upcoming KY-ACC Councilor Teleconference Dates

### 2010 Dates – 8:00 am Eastern

- Friday, December 10, 2010

### 2011 Dates – 7:30 am Eastern

- Tuesday, February 15th, 2011
- Thursday, April 14th, 2011
- Friday, June 3rd, 2011
- Tuesday, August 2nd, 2011
- Thursday, September 1st, 2011
- Friday, September 30th, 2011
- Thursday, October 13th, 2011
- Tuesday, November 15th, 2011

## Member News

David J. Moliterno, M.D., F.A.C.C. has become a member of the American College of Cardiology Foundation (ACCF) Task Force on Clinical Expert Consensus Documents.



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# Smokefree Kentucky Coalition

## A Smokefree Kentucky Works for Everyone

2010  
Fall Issue

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The Kentucky Chapter Board of Directors unanimously approved this resolution from the Smokefree Kentucky Coalition. This coalition is working to advance a smoke free policy at the local level and will begin to work on educating the public and policy makers about a statewide smoke free law. Please contact your legislators and let them know your support of smoke free worksites.



WHEREAS, Secondhand smoke contains 69 cancer-causing chemicals and causes cancer, stroke, heart disease, sudden infant death syndrome, respiratory ailments and inner ear infections in children; and,

WHEREAS, Secondhand smoke has been classified as a Group A carcinogen by the EPA; and,

WHEREAS, Workers exposed to secondhand smoke are 20-30 percent more likely to develop cancer; and,

WHEREAS, It is estimated that one non-smoker dies from exposure to secondhand smoke for every eight smokers who die from their tobacco use; and,

WHEREAS, Ordinances prohibiting indoor smoking are highly effective in reducing exposure to secondhand smoke, reducing consumption of cigarettes, and reducing youth smoking; and,

WHEREAS, Ordinances prohibiting indoor smoking in thousands of communities across the country have been shown to have no negative economic effect.

BE IT THEREFORE RESOLVED, That the undersigned organization endorses the initiative to:

- Pass a non-preemptive statewide comprehensive smoke free law prohibiting smoking inside all worksites, including bars and restaurants, for the protection of public health.
- Promote and maintain the momentum for local comprehensive smoke free workplace campaigns.

BE IT FURTHER RESOLVED that the undersigned organization will:

- Inform its members and, whenever possible, the general public of its endorsement of this Resolution; and,
- Allow SMOKEFREE KENTUCKY to forward a copy of this resolution to government officials.



# ACC Upcoming Events

## NOVEMBER

**November 3, 2010:**  
**Convergence of Type 2 Diabetes and Cardiovascular Disease**  
*Donna M. Polk, M.D., M.P.H., F.A.C.C.*  
Saint Thomas Health Services  
Nashville, Tenn.

**November 6, 2010:**  
**Convergence of Type 2 Diabetes and Cardiovascular Disease In Conjunction with Southern Medical Association 2010 Annual Scientific Assembly**  
*Donna M. Polk, M.D., M.P.H., F.A.C.C.*  
Gaylord Palms Convention Center  
Kissimmee, Fla.

## DECEMBER

**December 3, 2010:**  
**How to Become a Cardiovascular Investigator**  
*Valentin Fuster, M.D., Ph.D., M.A.C.C.*  
Heart House  
Washington, D.C.

**December 3, 2010:**  
**Convergence of Type 2 Diabetes and Cardiovascular Disease In Conjunction with Mount Carmel Hospital Central Ohio Cardiology Symposium**  
*Donna M. Polk, M.D., M.P.H., F.A.C.C.*  
Mount Carmel Hospital  
Columbus, Ohio

**December 10, 2010:**  
**43rd Annual New York Cardiovascular Symposium: Major Topics in Cardiology Today**  
*Valentin Fuster, M.D., Ph.D., M.A.C.C.*  
Hilton New York  
New York

## JANUARY

**January 10, 2011:**  
**42nd Annual Cardiovascular Conference at Snowmass**  
*Spencer B. King, III, M.D., M.A.C.C.*  
Snowmass Resort  
Snowmass, Colo.

**January 21, 2011:**  
**5th Annual Heart of Women's Health**  
*Joanne M. Foody, M.D., F.A.C.C., Suzanne Hughes, M.S.N., R.N.*  
Heart House  
Washington D.C.

**January 28, 2011:**  
**The 30th Annual Perspectives on New Diagnostic and Therapeutic Techniques in Clinical Cardiology**  
*C. Richard Conti, M.D., M.A.C.C.*  
Disney's Contemporary Resort  
Walt Disney World® Resort, Lake Buena Vista

## FEBRUARY

**February 11, 2011:**  
**3rd Annual Clinical Practice of Peripheral Vascular Disease**  
*Michael R. Jaff, D.O., F.A.C.C., Christopher J. White, M.D., F.A.C.C.*  
The Ritz Carlton Hotel  
Phoenix

**February 21, 2011:**  
**33rd Annual Cardiology at Big Sky Meeting**  
*Kim A. Eagle, M.D., M.A.C.C., Sidney Goldstein, M.D., F.A.C.C.*  
Huntley Lodge  
Big Sky, Mont.

## APRIL

**April 2-5, 2011:**  
**ACC.11 and i2 Summit**  
[www.accscientificsession.org](http://www.accscientificsession.org)  
New Orleans



## JUNE

**June 17, 2011:**  
**The West Coast Cardiovascular Forum**  
*Valentin Fuster, M.D., Ph.D., M.A.C.C.*  
The Ritz-Carlton  
San Francisco

## DECEMBER

**December 9, 2011:**  
**44th Annual New York Cardiovascular Symposium: Major Topics in Cardiology Today**  
*Valentin Fuster, M.D., Ph.D., M.A.C.C.*  
Hilton New York  
New York